# Whole Holy Families

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## **Families Self-define**

Families of all shapes and sizes come together to affirm each other in their spiritual journey. Whole and Holy Families is a multi-generational exploration of becoming whole and holy families who gather in community. Families share relationships and experiences as they gain resiliency and strength in their household and in their faith community. These classes are for EVERYONE!

Four Sessions:

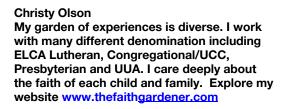
**Being a Whole Family** 

Families in Prayer

**Families and Holy Texts** 

**Families in Community** 













Being a Whole Family Who is our family and how do we work together on a daily basis? We will think about how much time our family spends in physical, social, emotional and intellectual growth. I wonder where our spiritual growth fits in.

### **Families in Prayer**

We will name and claim our family prayer and explore other ways to pray. Family labyrinths are used to gather. Prayer beads and prayer through song will be included.

## **Holy Texts and Families**

What are hold texts? What are the eight stories that form the timeline for our faith? Which ones do we share with other faith communities? Let's discover what we know and how we can learn from one another.

#### **Families in Community**

Families need faith and community. How can we be a household and good members of a community of believers? What do we bring to worship and how do we serve?

#### Cost

Small Community (<400) \$400.00

Medium Community (400-700) \$500.00

Large Community (+700) \$650.00

Four one-hour sessions

Possible formats include weekly, monthly or all day.

